



NATURE'S SUNSHINE

Thai-Go Mangosteen Juice

GOOD FOR

Immune System

Cardiovascular system

Connective Tissue

SIZE **2 bottles**

ITEM # **K4195**

SERVING **1 oz**

SUPPLY **25 days**

DIRECTIONS FOR USE Take one ounce (2 tablespoons, 30 mL) twice daily.

— How the Key Ingredients Work

Thai-Go brings together ten of the world's most antioxidant-rich fruits and botanicals into one vibrant juice blend, giving your body a broad wave of protective plant compounds with every serving. Each ingredient was chosen because research shows it supports a key area of wellness — from your heart and circulation to your joints, energy, and everyday resilience.

Mangosteen — The star of the blend, mangosteen's deep purple rind is loaded with natural compounds called xanthones. Human studies show that drinking mangosteen can raise the body's antioxidant levels by a meaningful amount in as little as 30 days, helping your cells stay protected from everyday wear and tear. It also supports a healthy inflammatory response in joints and soft tissue.

Pomegranate — Pomegranate is one of the most antioxidant-rich juices you can drink, thanks to its unique tannins and pigments. Clinical research shows it supports healthy arteries over time, and a systematic review of five studies found it offers antioxidant and joint-comfort benefits for people dealing with both rheumatoid and osteoarthritis concerns. Athletes also use it to support recovery.

Grape — Grape polyphenols — found in the skin and seeds — are among the most studied plant antioxidants in the world. Multiple clinical trials show they help support healthy blood pressure, keep arteries flexible, and protect LDL cholesterol from oxidation. The proanthocyanidins in grape seed are especially valued for their role in supporting circulation and vascular health.

Açaí Berry — Harvested from the Amazon rainforest, açai is packed with deep-purple anthocyanins and other polyphenols that human trials confirm can raise the body's total antioxidant capacity. Studies in overweight adults show it supports healthy blood sugar levels and vascular function, and research in athletes found it helped reduce exercise-related oxidative stress and improved endurance.

Blueberry — Blueberries are one of nature's most celebrated antioxidant foods, and the science backs it up. Their anthocyanins support healthy arteries, help keep blood pressure in a normal range, and assist the body in managing blood sugar — particularly in people with elevated cardiometabolic risk. Multiple clinical reviews confirm these benefits across a wide range of adults.

Goji Berry — Used for centuries in traditional Asian wellness practices, goji berries bring a unique mix of polysaccharides, carotenoids, and vitamin C to the blend. Human studies confirm they raise antioxidant levels in the blood, and a 14-day randomized trial found that people drinking goji juice reported better energy and athletic performance. Research also links goji to a greater sense of calm and improved blood sugar markers.

Raspberry — Red raspberries contribute ellagitannins and anthocyanins — two families of plant compounds with impressive antioxidant credentials. A 2025 clinical trial found raspberry leaf tea reduced post-meal blood sugar spikes by up to 43% in healthy adults. Preclinical research also shows raspberry polyphenols support a healthy inflammatory response in joint tissue, making them a well-rounded addition to this formula.

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