



NATURE'S SUNSHINE

Kidney Activator

Non-GMO

GOOD FOR

Urinary System

Kidneys

Bladder

SIZE **100 Capsules**

ITEM # **970**

SERVING **2**

SUPPLY **50 days**

DIRECTIONS FOR USE Take 2 capsules with a meal once daily.

— How the Key Ingredients Work

Kidney Activator brings together five time-honored herbs — each chosen for its long tradition of supporting the kidneys, bladder, and urinary tract. Together they help your body flush out what it doesn't need, keep fluid levels comfortable, and maintain a clean, healthy urinary system day after day.

Juniper Berries — One of Europe's most trusted urinary herbs, juniper berries have been used for centuries to help the body produce more urine and flush the urinary tract. Approved in traditional European herbal medicine for minor urinary complaints, they help keep things moving through the kidneys and bladder so your system stays clear and comfortable.

Bearberry (Uva Ursi) — Bearberry leaf is a celebrated urinary herb in both Native American and European traditions. Its active compound travels through the body and reaches the urine, where it helps keep the urinary environment clean and inhospitable to unwanted bacteria. The German Commission E and the European Medicines Agency both recognize its traditional use for mild urinary tract support, and a double-blind clinical study found it helped prevent recurrence of urinary tract issues in women.

Parsley — Far more than a garnish, parsley is a nutrient-dense herb packed with antioxidant flavonoids and carotenoids that help the body defend against everyday oxidative stress. Animal studies show it supports healthy blood pressure through gentle vasodilation, and its folate content helps keep homocysteine levels in check — an important factor for maintaining healthy arteries and good circulation to the kidneys.

Dandelion — The humble dandelion is a powerhouse of traditional wellness. A published human pilot study found that dandelion leaf extract produced a meaningful diuretic effect, helping the body release excess fluid naturally. Dandelion is also a good dietary source of potassium, which supports healthy vascular function. Its rich polyphenol content has shown free-radical scavenging activity in validated lab studies, and animal research points to protective effects on organs under oxidative stress.

Chamomile — Chamomile rounds out this formula with its well-known soothing and antioxidant properties. A clinical trial in 64 participants found chamomile tea significantly improved the body's overall antioxidant capacity. Its gentle calming action also helps ease abdominal discomfort and tension — a welcome complement to the more targeted urinary herbs in this blend, supporting whole-body comfort alongside kidney and bladder wellness.

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