



NATURE'S SUNSHINE

Ginkgo & Hawthorn Combination

Vegan

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **100 Capsules**ITEM # **909**SERVING **1**SUPPLY **33 days**

DIRECTIONS FOR USE Take 1 capsule with a meal three times daily.

— How the Key Ingredients Work

Ginkgo & Hawthorn Combination brings together three time-honored botanicals — ginkgo biloba, hawthorn berry, and olive leaf — each chosen for the way it supports healthy circulation, arterial comfort, and the body's natural defenses against everyday oxidative stress. Together they form a well-rounded formula for anyone who wants to take a proactive approach to cardiovascular wellness.

Hawthorn Berry — Hawthorn has been a go-to herb for heart and circulatory health since the late 1800s. Its naturally occurring flavonoids and plant compounds help support healthy blood pressure, encourage comfortable blood flow through the arteries, and provide meaningful antioxidant protection — all areas backed by multiple clinical reviews.

Hawthorn & Arterial Comfort — The flavonoids and proanthocyanidins in hawthorn work to support the inner lining of blood vessels, helping arteries stay relaxed and resilient. A 2025 meta-analysis confirmed hawthorn's ability to support healthy blood pressure levels, making it a cornerstone ingredient for anyone focused on long-term arterial wellness.

Hawthorn & Antioxidant Defense — Hawthorn is loaded with polyphenols, flavonoids, and oligomeric proanthocyanidins — a trio of plant antioxidants that help the body neutralize free radicals before they can cause damage. Research shows hawthorn actively supports the body's own built-in antioxidant systems, adding an extra layer of everyday cellular protection.

Hawthorn & Healthy Blood Flow — Studies show that hawthorn's plant compounds help discourage excessive platelet clumping, which is an important part of keeping blood moving freely and comfortably through the cardiovascular system. This makes hawthorn a valuable partner for anyone looking to support smooth, healthy circulation day to day.

Hawthorn & Heart Wellness — Used traditionally for angina, arrhythmia, and early cardiovascular concerns, hawthorn has one of the longest track records of any botanical in heart health. Clinical trials have documented its vasodilating and anti-ischemic properties, reinforcing what generations of herbalists already knew about this remarkable berry.

Ginkgo Biloba — Ginkgo biloba is one of the world's oldest living tree species and one of the most researched botanical extracts available today. Its unique combination of flavonoid glycosides and terpene lactones supports healthy circulation, helps protect cells from oxidative stress, and has been studied for its positive effects on mental clarity and calm.

Ginkgo & Circulation — Standardized ginkgo extract is well known for its ability to support healthy blood flow, particularly in smaller blood vessels and the extremities. Clinical trials have shown it improves microcirculation and supports arterial endothelial function — the health of the delicate inner lining that keeps blood vessels working smoothly.

Ginkgo & Antioxidant Protection — Ginkgo's flavonoids and terpene compounds are potent free-radical scavengers that help shield cells from the wear and tear of oxidative stress. Research shows ginkgo also supports the body's own natural antioxidant enzymes, giving your cells a stronger defense system against everyday environmental and metabolic challenges.

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