



NATURE'S SUNSHINE

Garcinia Combination

GOOD FOR

Endocrine System

Digestive System

Pancreas

SIZE **100 Capsules**

ITEM # **906**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules one half hour before meals three times daily.

— How the Key Ingredients Work

Garcinia Combination brings together a carefully chosen blend of botanicals and nutrients that work with your body's natural rhythms — helping you manage cravings, support healthy blood sugar, and keep your energy running strong. Each ingredient plays its own role so the whole formula adds up to more than the sum of its parts.

Chromium — Chromium is a trace mineral your body relies on to help insulin do its job properly — keeping blood sugar levels in a healthy range. It's also been studied for its ability to take the edge off carbohydrate cravings and reduce the urge to overeat, making it a valuable ally for anyone working toward balanced eating habits and steadier energy throughout the day.

L-Carnitine — Think of L-carnitine as the shuttle that moves fat into your cells' energy furnaces so it can actually be burned for fuel. Your body makes some on its own, but extra support can help with stamina, exercise recovery, and keeping your antioxidant defenses strong. Research also shows it helps protect cells from everyday oxidative wear and tear.

Diosgenin — Diosgenin comes from wild yam and fenugreek and has a long history of traditional use for female wellness, including support for the menstrual cycle and hormonal comfort. It has a structure similar to the body's own steroid hormones and acts as a gentle phytoestrogen, making it a go-to botanical in formulas designed to support women's reproductive health and hormonal balance.

Bulnesia Sarmientoi — Also known as palo santo or guaiacwood, Bulnesia sarmientoi is a slow-growing tree native to the dry forests of South America's Gran Chaco region. It has a rich history of traditional use in the communities where it grows, and its aromatic wood has long been valued for its wellness-supporting properties. It adds a time-honored botanical dimension to this formula.

Farnesene — Farnesene is a naturally occurring plant compound — a sesquiterpene — found in the coatings of many fruits and in a variety of botanical sources. It contributes to the formula's overall botanical profile and represents the kind of naturally derived phytonutrient that complements the other ingredients in supporting whole-body wellness from a plant-based perspective.

 (888) 510-7196  service@caringsunshine.com

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