



NATURE'S SUNSHINE

Solstic Immune

GOOD FOR

Immune System

Lymphatic System

Respiratory System

SIZE **30 packets**

ITEM # **6530**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Mix the contents of one Solstic Immune packet into 14-16 oz. of cold water once daily.

— How the Key Ingredients Work

Solstic Immune brings together time-honored botanicals, essential vitamins, and gut-friendly fibers in one refreshing daily drink — each ingredient chosen to help your body stay strong, resilient, and ready for whatever comes your way.

Vitamin C — One of the most trusted nutrients for immune health, vitamin C helps your body build its natural defenses and acts as a powerful antioxidant that protects cells from everyday wear and tear. It also helps your body absorb iron from food and supports healthy tissue throughout the body.

Vitamin D — Often called the sunshine vitamin, vitamin D plays a key role in keeping your immune system balanced and responsive. Many people don't get enough from sunlight alone, making daily supplementation a smart way to help your body maintain healthy immune function year-round.

Zinc — Zinc is an essential mineral your body relies on to keep immune cells working properly. It also acts as an antioxidant ally, helping shield your cells from oxidative stress, and supports healthy hormone balance — making it one of the hardest-working minerals in this formula.

Elderberry — Elderberry has been used in traditional European folk medicine for centuries, and modern research backs it up. Rich in deep-purple antioxidants called anthocyanins, elderberry is one of the most studied botanicals for supporting the body during cold and flu season and helping reduce how long and how hard symptoms hit.

Echinacea purpurea — Purple coneflower has earned its place as one of the most researched herbs for respiratory wellness. Echinacea purpurea contains natural compounds that help prime your immune system, and multiple clinical reviews show it can help reduce the duration and severity of common respiratory infections.

Beta-Glucan — Beta-glucan is a natural fiber found in the cell walls of oats and other plants that acts like a gentle coach for your immune system, helping it stay alert and ready. It also supports antioxidant defenses and has been recognized by both the FDA and European food authorities for its beneficial effects.

Arabinogalactan — Derived from larch trees, arabinogalactan is a prebiotic fiber that feeds the beneficial bacteria living in your gut — and a healthy gut is a cornerstone of a strong immune system. A clinical study found that people taking larch arabinogalactan experienced fewer common cold episodes compared to those who didn't.

Ginseng — Ginseng root has been treasured in traditional Asian medicine for thousands of years as a tonic for energy, resilience, and vitality. Modern research confirms it contains active compounds called ginsenosides that support antioxidant defenses and help the body manage the physical effects of everyday stress.

Blueberry — Blueberries are packed with anthocyanins — the pigments that give them their deep blue color and their impressive antioxidant power. Human studies show that eating blueberries raises the body's antioxidant capacity, helping protect cells from the oxidative stress that can wear down your defenses over time.

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