



NATURE'S SUNSHINE

Blood Pressurex

Vegan

Non-GMO

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **60 Capsules**

ITEM # **554**

SERVING **1**

SUPPLY **20 days**

DIRECTIONS FOR USE Take 1 capsule with a meal three times daily.

— How the Key Ingredients Work

Blood Pressurex brings together time-honored botanicals and key nutrients that work together to support healthy circulation, help maintain blood pressure already within a normal range, and keep your cardiovascular system running smoothly. Every ingredient was chosen because real research backs its role in heart and arterial wellness.

Grape Seed Extract — Grapes have been treasured for centuries, and modern research shows why. Multiple large reviews of clinical trials found that grape seed extract can meaningfully support healthy blood pressure numbers. Its natural plant compounds — called proanthocyanidins — also help protect blood vessels from everyday oxidative wear and support smooth, healthy circulation.

Olive Leaf Extract — The olive tree has been a symbol of health and longevity for thousands of years. Olive leaf's key compounds, oleuropein and hydroxytyrosol, are among the most powerful plant antioxidants studied. Clinical research, including a 2022 meta-analysis, confirms that olive leaf extract supports healthy blood pressure and helps keep arteries flexible and functioning well.

Hawthorn Berry — Hawthorn has been used to support the heart since the late 1800s, and science has caught up with tradition. Rich in flavonoids and natural plant compounds, hawthorn helps promote healthy blood flow, supports the body's own antioxidant defenses, and has been confirmed in a 2025 meta-analysis to support healthy blood pressure levels. A true cornerstone of cardiovascular herbal care.

Coleus Forskohlii — This Ayurvedic herb from the mountains of India and Nepal has a long history of use for heart and circulation concerns. Its active compound, forskolin, helps relax blood vessels and supports healthy blood flow. Research also shows it may help maintain healthy blood pressure and support balanced blood sugar, making it a well-rounded addition to any heart-health formula.

Vitamin E — Vitamin E is the body's premier fat-soluble antioxidant, working right inside cell membranes to shield them from oxidative damage. For arterial health specifically, a clinical trial found that vitamins C and E together helped improve blood vessel flexibility and reduce arterial stiffness in people with high blood pressure — a meaningful finding for anyone focused on long-term heart wellness.

Goldenrod — Goldenrod — the bright, cheerful wildflower — brings a rich supply of natural flavonoids like quercetin, kaempferol, and rutin to this formula. These compounds have well-documented antioxidant activity in laboratory research, and goldenrod has a long tradition in European herbal medicine for supporting overall wellness. It adds meaningful antioxidant depth to the Blood Pressurex blend.

L-Alanine — L-Alanine is one of the most abundant amino acids in the body and plays a quiet but important role in keeping energy levels steady. It helps the liver maintain balanced blood sugar by participating in the body's natural glucose-recycling process between muscles and the liver. Steady energy and stable blood sugar are both important pieces of the overall cardiovascular wellness picture.

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