



NATURE'S SUNSHINE

Cardio Assurance

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **60 Capsules**

ITEM # **553**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal two times daily.

— How the Key Ingredients Work

Cardio Assurance brings together time-honored botanicals and essential nutrients that work hand in hand to support healthy circulation, keep your arteries feeling flexible, and help your heart do its job day after day. Each ingredient was chosen because real research backs its role in cardiovascular and overall wellness.

Hawthorn — Hawthorn berries and leaves have been trusted for heart health since the 1800s. Rich in natural plant compounds called flavonoids and proanthocyanidins, hawthorn helps support healthy blood pressure, encourages normal blood flow through the arteries, and acts as a powerful antioxidant that protects blood vessels from everyday oxidative wear and tear.

Resveratrol — Found naturally in grapes and berries, resveratrol is a polyphenol celebrated for its antioxidant strength. It helps support the inner lining of your blood vessels, encourages healthy circulation, and helps reduce markers of oxidative stress. Clinical research confirms it can modestly but meaningfully support arterial flexibility and endothelial wellness.

Folic Acid (Vitamin B9) — Folic acid plays a quiet but important role in keeping your arteries healthy. It helps manage homocysteine, an amino acid that at elevated levels can be tough on artery walls. Research including a large meta-analysis of over 40,000 people shows folic acid supplementation can support healthy blood pressure and promote smoother, more flexible arteries.

Vitamin B12 — Vitamin B12 works alongside folic acid to help keep homocysteine levels in a healthy range, which in turn helps protect the delicate lining of your blood vessels. It also supports the nervous system and healthy red blood cell formation, making it a cornerstone nutrient for overall cardiovascular and circulatory wellness.

Vitamin B6 — Vitamin B6 is involved in dozens of processes your body runs every day, including the metabolism of homocysteine. By helping keep this compound at healthy levels, B6 supports artery wall integrity. It also contributes to the production of feel-good brain chemicals like serotonin and dopamine, so your heart and mind both benefit.

Vitamin K — Vitamin K — especially the K2 form — helps direct calcium to where it belongs: your bones, not your artery walls. It activates a protein that works to keep calcium from building up in blood vessels, supporting arterial flexibility. A 2017 review confirmed vitamin K's role in reducing arterial stiffness and supporting healthy vascular calcification balance.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

