



NATURE'S SUNSHINE

Tea Tree

GOOD FOR

Hair, Skin & Nails (Integumentary)

Immune System

SIZE 15 ml

ITEM # 3877

DIRECTIONS FOR USE Essential oils may be used aromatically or topically in a variety of ways, including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before being applied topically.

— How the Key Ingredients Work

Tea Tree Oil from *Melaleuca alternifolia* is a time-honored Australian botanical that works on the surface of the body to help keep skin clear, feet healthy, and breath fresh. This single-ingredient formula puts the full power of pure tea tree oil to work wherever your body needs a little extra support.

Melaleuca alternifolia (Tea Tree Oil) — Acne Support

— Studies including a landmark clinical trial show that 5% tea tree oil gel can help reduce inflamed blemishes comparably to conventional topical options, with the added benefit of being gentler on skin. A 2025 systematic review with meta-analysis further confirms its modest but real benefit for acne-prone skin.

Melaleuca alternifolia (Tea Tree Oil) — Athlete's Foot

Relief — Clinical trials show that tea tree oil applied at 25–50% concentration twice daily for four weeks produced noticeable improvement in about 68–72% of users dealing with athlete's foot, compared to just 39% for placebo. It also showed strong results for clearing the underlying fungal cause.

Melaleuca alternifolia (Tea Tree Oil) — Skin Abscess & Infection History

— Australian Aboriginal peoples have long used tea tree oil on skin infections including abscesses. Modern laboratory research backs this tradition, showing broad-spectrum activity against a wide range of microorganisms, with the key active component terpinen-4-ol playing a central role.

Melaleuca alternifolia (Tea Tree Oil) — Fresh Breath

Support — Tea tree oil has been shown in lab studies to inhibit the bacteria responsible for bad breath, including those that produce sulfur compounds — the main culprits behind unpleasant odors. A clinical study in ICU patients using tea tree oil oral care also showed meaningful real-world results.

(888) 510-7196 service@caringsunshine.com

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