



NATURE'S SUNSHINE

Eucalyptus

GOOD FOR

Respiratory System

Sinuses

Nervous System

SIZE 15 ml

ITEM # 3844

DIRECTIONS FOR USE Dilute with carrier oil and apply to neck and chest. Essential oils may be used aromatically or topically in a variety of ways, including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before being applied topically.

— How the Key Ingredients Work

Eucalyptus has been trusted for generations to help the body breathe easier, feel more comfortable, and stay fresh from the inside out. This formula harnesses the natural power of eucalyptus to support your respiratory health, everyday comfort, and overall wellness in one simple step.

Eucalyptus Essential Oil — The heart of this formula, eucalyptus essential oil is packed with a naturally occurring compound called eucalyptol. It helps open up the airways so breathing feels easier and more comfortable, and it supports the body's natural response to everyday irritation — making it a go-to for respiratory wellness.

Eucalyptol (1,8-Cineole) — This is the key active found in eucalyptus oil, and it does a lot of the heavy lifting. Studies show it helps calm the kind of irritation in the airways that can make breathing feel labored. It has also been studied for its ability to help people with breathing challenges rely less on stronger interventions over time.

Eucalyptus Leaf Extract — Made from the leaves of the eucalyptus tree, this concentrated extract delivers a broad range of the plant's naturally occurring beneficial compounds. It supports the body's defenses against everyday oxidative stress — essentially helping to neutralize the unstable molecules that can wear cells down over time — while also contributing to fresher breath and a cleaner feeling mouth.

Eucalyptus Antioxidant Complex — Eucalyptus is rich in natural compounds that act as antioxidants, meaning they help the body fight back against free radicals — the unstable particles that can build up from pollution, stress, and daily life. Multiple lab and preclinical studies have documented this free-radical-fighting activity, supporting the body's own natural defenses at a cellular level.

Topical Eucalyptus Preparation — When applied to the skin, eucalyptus oil has been shown in research to help ease discomfort and support a more comfortable feeling in the joints and muscles. A clinical study in patients recovering from knee surgery found that inhaling eucalyptus oil was associated with meaningful reductions in reported discomfort, pointing to its well-rounded soothing properties.

Eucalyptus for Oral Freshness — Eucalyptol is actually an active ingredient in some of the most recognized therapeutic mouthwashes on the market. Clinical research shows that eucalyptus-based rinses and chewing gums can significantly reduce the compounds in the mouth responsible for bad breath, as well as the bacteria that cause them — leaving your mouth feeling genuinely cleaner.

Eucalyptus for Joint Comfort — Beyond the lungs, eucalyptus has a long history of use for supporting joint comfort. Preclinical research shows it helps moderate the body's inflammatory response in joint tissue, and topical use has been associated with a more comfortable, less tense feeling in areas of everyday stiffness and soreness.

 (888) 510-7196  service@caringsunshine.com

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