



NATURE'S SUNSHINE

Clove Bud

GOOD FOR

Nervous System

SIZE **15 ml**

ITEM # **3843**

DIRECTIONS FOR USE Essential oils may be used aromatically or topically in a variety of ways, including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before being applied topically.

— How the Key Ingredients Work

Clove Bud brings the time-honored strength of one of the world's most prized spices into a convenient daily supplement. Packed with naturally occurring compounds — led by its star active, eugenol — clove works on several fronts to help your body stay balanced, protected, and feeling its best.

Clove Bud – Antioxidant Support — Clove ranks among the highest of any food when it comes to antioxidant power. The eugenol naturally found in clove helps neutralize harmful free radicals and supports the body's own built-in defenses against everyday oxidative stress, helping your cells stay healthier over time.

Clove Bud – Skin Clarity & Acne — Clove essential oil and its key compound eugenol have shown antibacterial activity in lab studies against the skin pathogens linked to acne. Eugenol also helps calm the inflammation that drives those red, angry breakouts, making clove a noteworthy ally for clearer, calmer-looking skin.

Clove Bud – Joint Comfort & Arthritis Support — Eugenol from clove has been studied for its ability to help ease joint inflammation. Animal research shows it can support healthier joint function and reduce swelling associated with arthritis, making clove a traditionally valued herb for people who want to support comfortable, easy movement every day.

Clove Bud – Antifungal Defense — Clove oil and eugenol have demonstrated antifungal activity in laboratory studies against the fungi responsible for conditions like athlete's foot. Eugenol appears to work by disrupting the protective membranes of fungal cells, and published reviews recognize clove among the botanicals studied for fungal skin concerns.

Clove Bud – Inflammation Response — One of clove's most well-researched qualities is its ability to support a healthy inflammation response. Eugenol has been shown in studies to help moderate the body's production of key inflammation-signaling molecules like TNF- α and IL-6, which play a role in many common discomforts throughout the body.

Clove Bud – Free Radical Protection — The antioxidants in clove — particularly eugenol — help put the brakes on a damaging process called lipid peroxidation, where fats in your cells are broken down by unstable molecules. By helping to keep this process in check, clove supports the long-term health of your cells and tissues.

Clove Bud – Traditional Wellness Heritage — Clove has been treasured for centuries across cultures in Asia, the Middle East, and Europe as a powerful medicinal spice. Long before modern research confirmed its properties, traditional healers relied on clove for oral health, digestive comfort, and general vitality — a legacy that speaks to its enduring value.

Clove Bud – Oral & Dental Wellness — Clove has a deep-rooted history of use for oral health. Its naturally occurring eugenol has long been recognized for its ability to help soothe the mouth and support a healthy oral environment. Even today, eugenol remains a well-known ingredient in professional dental preparations around the world.

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