



NATURE'S SUNSHINE

# Combination Potassium

GOOD FOR

Cardiovascular system

Nervous System

Endocrine System

SIZE **180 Capsules**

ITEM # **3673**

SERVING **2**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily.

## — How the Key Ingredients Work

Combination Potassium pairs a meaningful dose of potassium with seven time-honored botanicals to help your body maintain healthy fluid balance, support your heart and vessels, and keep your bones, blood sugar, and energy on an even keel. Every ingredient was chosen because real research backs its role in everyday wellness.

**Potassium** — Potassium is the body's go-to mineral for keeping fluids balanced and muscles working smoothly. Research links higher potassium intake to healthier blood pressure, more flexible arteries, better blood sugar balance, and stronger bones — making it the cornerstone of this formula.

**Alfalfa** — Called the 'father of all foods,' alfalfa is packed with flavonoids, vitamins C and E, and natural plant compounds that help the body fight everyday oxidative stress. Studies also suggest it may support healthy cholesterol levels and help keep blood sugar in a normal range after meals.

**Red Clover** — Red clover is rich in plant-based isoflavones that have been shown in clinical trials to improve how elastic and flexible the arteries are — a key part of keeping your cardiovascular system feeling its best. Research also suggests it may help support healthy bone density, especially as we age.

**Dandelion** — Far more than a garden weed, dandelion leaf is a natural source of potassium and polyphenols that help the body manage fluid balance. A published human pilot study found that dandelion leaf extract has a meaningful diuretic effect, which may lend gentle, natural support to healthy blood pressure levels.

**Horseradish** — Horseradish root brings a concentrated burst of antioxidants — including vitamin C and natural plant compounds — that help the body neutralize everyday free radicals. It has also been studied alongside nasturtium in clinical research for supporting urinary tract and respiratory wellness, making it a versatile addition to this blend.

**Cabbage Leaf** — Cabbage leaf is loaded with glucosinolates, flavonoids, and vitamin C, all of which contribute to strong antioxidant defenses. A human dietary trial showed that eating cabbage raised protective antioxidant levels in the blood, and a recent clinical study found that cruciferous vegetables like cabbage can support healthy blood pressure readings.

**Horsetail** — Horsetail is nature's richest plant source of silica, a mineral your body uses to build and maintain collagen — the structural protein that keeps bones, cartilage, and connective tissue strong and resilient. A small clinical trial in postmenopausal women found it supportive of bone mineral density, and in vitro research confirms its antioxidant activity.

 (888) 510-7196  [service@caringsunshine.com](mailto:service@caringsunshine.com)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

**BUY THIS QUICKLY**  
Scan to shop this product

