



NATURE'S SUNSHINE

Sunshine Heroes Probiotic Power

GOOD FOR

Digestive System

Immune System

Colon (Large Intestine)

SIZE **90 chewable tablets**

ITEM # **3346**

SERVING **1**

SUPPLY **45–90 days**

DIRECTIONS FOR USE Children 2 & 3 years of age, chew 1 tablet daily. Children 4 years of age and up, chew 1 tablet twice daily. Chew carefully and thoroughly before swallowing.

— How the Key Ingredients Work

Sunshine Heroes Probiotic Power combines a diverse team of friendly bacteria with nourishing whole-food extracts to help keep little tummies happy, support a healthy immune system, and lay the groundwork for lifelong wellness. Every ingredient works together to help the gut thrive — and when the gut is happy, the whole body feels it.

Bifidobacterium bifidum — One of the most well-studied friendly bacteria for digestive comfort. Research shows it can help ease tummy aches, bloating, and discomfort, and it plays an important role in supporting a balanced gut environment and a healthy immune response from early in life.

Bifidobacterium infantis — A superstar in the infant and toddler gut, this strain is naturally designed to thrive in young digestive systems. It helps support a healthy gut lining, encourages a balanced microbiome, and has been studied for its role in supporting children's immune and digestive health.

Bifidobacterium longum — A well-researched strain that helps support digestive comfort and a calm, balanced gut. Studies show it may help ease occasional abdominal discomfort and support a healthy stress response — a great reminder of just how connected the gut and the rest of the body really are.

Lactobacillus rhamnosus — Among the most studied probiotic strains in the world, *L. rhamnosus* is a go-to for digestive support. Clinical research highlights its ability to help reduce abdominal pain and support gut barrier health, making it a cornerstone of any well-rounded probiotic formula.

Lactobacillus acidophilus — A classic, trusted probiotic strain that helps maintain a healthy balance of bacteria in the digestive tract. Research supports its role in easing occasional abdominal discomfort and helping the gut environment stay in good shape day to day.

Lactobacillus plantarum — A versatile and resilient strain that helps support a comfortable digestive system. Studies show it can help reduce bloating and abdominal symptoms, and it also brings antioxidant support to the table — helping protect cells from everyday oxidative stress.

Lactobacillus casei — A friendly bacteria strain with a long history of use in fermented foods and probiotic research. It has been studied for its role in supporting digestive comfort and a balanced immune response, and it works well alongside other strains to help the whole gut community flourish.

Lactobacillus bulgaricus — Best known as one of the original yogurt cultures, this strain has been used for centuries to support digestive health. Research shows it may help ease abdominal discomfort and support antioxidant defenses, making it a time-honored addition to any probiotic blend.

Lactobacillus brevis — A friendly bacteria with some unique talents — it has been studied for supporting oral health and helping the body maintain a comfortable inflammatory balance. It also shows promise for supporting immune resilience during cold and flu season, particularly in school-age children.

Lactobacillus salivarius — This adaptable strain supports gut health from multiple angles, helping to maintain a healthy gut lining and a balanced microbial community. It has also been studied for its antioxidant properties and for supporting respiratory wellness in children with asthma.

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