



NATURE'S SUNSHINE

Sunshine Heroes Whole Food Papayazyme

GOOD FOR

Digestive System

Small Intestine

Stomach

SIZE **90 chewable tablets**

ITEM # **3345**

SERVING **1**

SUPPLY **90 days**

DIRECTIONS FOR USE Chew 1 tablet twice daily before meals, as a dietary supplement. Chew carefully and thoroughly before swallowing.

— How the Key Ingredients Work

Sunshine Heroes Whole Food Papayazyme brings together fruit-based digestive enzymes, whole food concentrates, and essential amino acids — all working together to help your child's body break down food comfortably, defend against everyday stress, and get the most out of every meal.

Papaya — The star of this formula, papaya brings natural protein-digesting power straight from the fruit itself. Clinical studies show papaya preparations can help ease bloating, stomach discomfort, and irregular digestion. It also delivers antioxidants like beta-carotene and vitamin C to help protect cells every day.

Papain — Papain is the key enzyme found inside papaya fruit. It helps break down proteins in food so they're easier for the body to absorb. Research shows it can help reduce bloating and constipation, and it also supports the body's natural defenses against everyday oxidative stress.

Bromelain — Sourced from pineapple, bromelain is a natural enzyme that helps digest proteins across both the stomach and small intestine. Studies show it can ease digestive discomfort and support a healthy inflammatory response, making it a trusted companion for comfortable digestion and overall wellness.

Amylase — Amylase is the enzyme your body uses to break down starches and carbohydrates into usable sugars. When there isn't enough amylase activity, undigested starch can ferment in the gut and cause gas and bloating. Supplementing with amylase helps keep carbohydrate digestion running smoothly.

Pineapple — Beyond its bromelain content, pineapple fruit provides vitamin C, manganese, and natural plant compounds that help the body maintain healthy antioxidant levels. Studies show bromelain from pineapple supports muscle comfort after activity and helps the body maintain a balanced inflammatory response.

Papaya & Pineapple Enzyme Blend — Together, the papaya and pineapple enzymes in this formula create a broad-spectrum digestive team. Papain handles proteins from the first bite, while bromelain keeps working through the digestive tract — helping the body get more nutrition from every meal with less discomfort along the way.

Blueberry — Blueberries are packed with anthocyanins — the deep-blue plant pigments that act as powerful antioxidants. Human studies confirm that eating blueberries measurably raises the body's antioxidant capacity and supports healthy blood sugar levels, making them a smart addition to any whole food formula for kids.

Pomegranate — Pomegranate is one of the most antioxidant-rich fruits studied in humans. Its natural compounds — including punicalagins and ellagic acid — have been shown in clinical trials to raise plasma antioxidant levels and support healthy circulation, giving this formula an extra layer of whole food protection.

Strawberry — Strawberries bring a rich supply of vitamin C, anthocyanins, and ellagitannins that have been shown in clinical studies to raise antioxidant levels in the blood. Vitamin C from strawberries also helps the body absorb iron from plant foods — a helpful bonus for growing children.

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