



NATURE'S SUNSHINE

Brain Protex (With Huperzine A)

Organic

Non-GMO

GOOD FOR

Brain

Nervous System

Cardiovascular system

SIZE **60 Capsules**

ITEM # **3114**

SERVING **2**

SUPPLY **15 days**

DIRECTIONS FOR USE Take 2 capsules with a meal twice daily.

— How the Key Ingredients Work

Brain Protex brings together a carefully chosen blend of botanicals and nutrients that work together to help protect your brain cells, support healthy circulation, and keep your mind feeling sharp and clear. Each ingredient plays its own important role in helping your body stay balanced and resilient from the inside out.

Huperzine A — Derived from a traditional Chinese club moss, Huperzine A is the star of this formula. It helps support the brain's own chemistry by protecting the messengers your nerve cells use to communicate, making it a go-to ingredient for anyone who wants to support memory and mental clarity as they age.

Ginkgo Biloba — One of the oldest trees on Earth, ginkgo has been used for centuries to support the mind and body. It helps promote healthy blood flow to the brain, acts as a powerful protector against everyday oxidative stress, and has been studied for its ability to support a calm, focused mood and healthy circulation throughout the body.

Alpha-Lipoic Acid (ALA) — Sometimes called the 'universal antioxidant,' ALA is special because it works in both water-based and fat-based environments inside your cells — meaning it can reach places most antioxidants cannot. It helps recharge other antioxidants in the body, supports healthy energy production, and helps protect delicate nerve cells from the wear and tear of daily life.

Soybean Extract — Soybean brings naturally occurring plant compounds called isoflavones to this formula. These compounds have been studied for their antioxidant properties and their ability to support healthy circulation and blood pressure already in the normal range. They also help support balanced blood sugar levels, making soy a well-rounded addition to a brain-health blend.

Lycopene — Best known as the red pigment in tomatoes, lycopene is one of nature's most potent antioxidants. It has an exceptional ability to neutralize the unstable molecules that can damage your cells over time. Research shows it supports healthy blood pressure and helps keep blood vessels flexible and functioning well — both important for good brain circulation.

Ginkgo Biloba (Arterial Support) — Beyond its well-known brain benefits, ginkgo biloba also supports the health of your arteries and tiny blood vessels throughout the body. It helps maintain smooth, healthy blood flow, supports the inner lining of blood vessels, and has been studied in clinical trials for its positive effects on circulation in the arms and legs as well as the brain.

Alpha-Lipoic Acid (Nerve & Antioxidant) — ALA's antioxidant reach extends deep into the nervous system, where it helps shield neurons from oxidative damage. It has been studied for its role in supporting healthy nerve function and protecting against the kind of cellular stress that can accumulate over years. Its ability to boost the body's own internal antioxidant defenses makes it especially valuable for long-term brain wellness.

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