



NATURE'S SUNSHINE

Ultra Therm

GOOD FOR

Endocrine System

Digestive System

SIZE **120 Capsules**

ITEM # **3077**

SERVING **2**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 2 capsules twice daily.

— How the Key Ingredients Work

Ultra Therm brings together four time-honored botanicals — each chosen because real research shows they help your body burn brighter, feel sharper, and stay balanced. Together they work as a team, gently nudging your metabolism, curbing cravings, and keeping your energy steady from morning to afternoon.

Green Tea — Green tea has been studied for centuries, and modern research backs up the hype. Its natural compounds help your body defend itself against everyday oxidative stress, support a calm, focused mind, and may help tame appetite by lowering the hunger hormone ghrelin. It also brings a gentle, jitter-free lift to your day.

Coffee Fruit — This is the whole fruit that surrounds the coffee bean — and it's packed with polyphenols that act as powerful antioxidants in the body. Studies show coffee fruit extract can sharpen reaction time, ease mental fatigue, and help keep blood sugar levels on an even keel after meals, making it a smart addition to any energy formula.

Guarana — Harvested from the Amazon rainforest, guarana seeds naturally contain caffeine along with other plant compounds that work together to suppress appetite, support thermogenesis, and reduce how hard exercise feels. Human trials show guarana can improve reaction time and mental sharpness during physical activity, giving you an edge when it counts.

Yerba Mate — A beloved South American tradition for good reason — yerba mate delivers caffeine, theobromine, and a rich array of antioxidants that together help your body burn more fat during exercise, delay the feeling of hunger, and even support healthy blood pressure. Research shows it can meaningfully reduce body fat over time when paired with a healthy lifestyle.

 (888) 510-7196  service@caringsunshine.com

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