



NATURE'S SUNSHINE

# MetaboMax Free

GOOD FOR

Endocrine System

Digestive System

Cardiovascular system

SIZE **120 Capsules**

ITEM # **3074**

SERVING **2**

SUPPLY **20 days**

DIRECTIONS FOR USE Take 2 capsules three times daily with food.

## — How the Key Ingredients Work

MetaboMax Free brings together a carefully chosen blend of botanicals that work with your body to support healthy energy, appetite balance, and everyday wellness. Each ingredient adds its own piece to the puzzle — from warming your metabolism to calming your digestion and protecting your cells.

**Green Tea** — Green tea is one of nature's most studied wellness plants. Its natural compounds help your body defend against everyday oxidative stress, support a healthy appetite by gently curbing hunger signals, and may even help ease feelings of anxiousness. It also brings a calm, focused energy that pairs well with an active lifestyle.

**Capsicum** — The same compound that gives chili peppers their heat — capsaicin — helps turn up your body's natural calorie-burning furnace. It also helps you feel satisfied sooner at meals, supports comfortable digestion over time, and delivers a rich supply of antioxidant nutrients like vitamins C and E straight from the pepper itself.

**Ginger** — Ginger has been trusted for thousands of years to keep the digestive system running smoothly. It helps food move through the stomach more efficiently, eases bloating and abdominal discomfort, and provides powerful antioxidant support. Its warming, spicy compounds also help the body manage everyday oxidative stress from the inside out.

**Orange** — Orange brings bright, natural antioxidant power through vitamin C and plant polyphenols like hesperidin. These compounds help protect your cells from daily wear and tear, support healthy blood vessels, and may even help take the edge off anxious feelings. It's a cheerful, familiar ingredient doing serious behind-the-scenes work.

**Guggul** — Sourced from the resin of a small tree native to India, guggul has been used in Ayurvedic wellness traditions for centuries. Modern research shows it helps support healthy cholesterol levels already in the normal range, protects LDL cholesterol from oxidation, and may help ease occasional joint stiffness and discomfort — a true multi-tasker.

**Chickweed** — This gentle, star-flowered herb has a long history in both Western and traditional Chinese herbalism. Lab studies show its plant flavonoids and phenolic compounds help neutralize harmful free radicals and calm oxidative stress in cells. It has also been explored in animal studies for its potential role in supporting healthy body composition and fat metabolism.

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