



NATURE'S SUNSHINE

MetaboMax Plus

GOOD FOR

Endocrine System

Digestive System

Nervous System

SIZE **120 Capsules**

ITEM # **3072**

SERVING **2**

SUPPLY **20 days**

DIRECTIONS FOR USE Take 2 capsules three times daily with food.

— How the Key Ingredients Work

MetaboMax Plus brings together eight time-honored plants — each chosen for the way it supports your body's natural energy, appetite balance, and everyday wellness. Together they form a well-rounded formula designed to help you feel your best from the inside out.

Green Tea — Green tea is one of nature's most studied wellness plants. Its natural compounds help your body defend itself against everyday oxidative stress, support a healthy appetite, and promote a calm, balanced mood. Research shows it may also help with modest weight management when paired with a healthy lifestyle.

Guarana — Straight from the Amazon rainforest, guarana seeds are naturally rich in caffeine and plant compounds that help support energy, sharpen focus, and encourage your body to burn more calories. Studies show it may help reduce feelings of effort during physical activity and support healthy antioxidant levels in the body.

Yerba Mate — A beloved South American tradition, yerba mate is packed with polyphenols, caffeine, and theobromine — a trio that works together to help curb appetite, support fat burning during exercise, and maintain healthy antioxidant activity. Clinical research also points to benefits for healthy blood pressure and heart wellness.

Capsicum — The same compound that gives chili peppers their heat — capsaicin — is a well-researched ally for metabolism. It helps your body generate more heat, signals feelings of fullness, and may reduce how much you eat at a meal. Capsicum is also a natural source of vitamins C and E, adding antioxidant support to the mix.

Ginger — Ginger has been treasured for thousands of years as a digestive comfort herb, and modern research backs that up. It helps food move through the stomach more smoothly, eases occasional bloating and abdominal discomfort, and delivers powerful antioxidant compounds that help protect the body from everyday oxidative wear and tear.

Orange — Orange brings more than great flavor to this formula. Its natural polyphenols — especially hesperidin — have been shown in clinical research to support healthy blood pressure, promote good circulation, and help keep arteries functioning well. Orange is also a classic source of vitamin C and antioxidants that help the body stay resilient.

Guggul — Drawn from the resin of a small tree native to India and Pakistan, guggul has been used in Ayurvedic wellness traditions for centuries. Research shows its active compounds help support healthy cholesterol levels and protect LDL cholesterol from oxidation — two important factors in keeping your cardiovascular system in good shape.

Chickweed — Chickweed is a gentle, traditional herb used in both Western and Chinese herbal practice. Lab studies show its plant compounds help neutralize harmful free radicals and support a healthy inflammatory response. It has also been explored in animal research for its potential role in supporting healthy body weight and reducing fat accumulation.

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