



NATURE'S SUNSHINE

Feverfew (High Parthenolide)

GOOD FOR

Nervous System

Brain

SIZE **100 Capsules**ITEM # **288**SERVING **1**SUPPLY **100 days**

DIRECTIONS FOR USE Take 1 capsule daily with a meal.

— How the Key Ingredients Work

This formula delivers whole-herb feverfew standardized to a high level of its key active compound, parthenolide, so you get the full benefit the plant has to offer. It works by helping your body manage the everyday triggers behind head discomfort, occasional inflammation, and circulatory wellness.

Feverfew Whole Herb (*Tanacetum parthenium*) — The backbone of this formula, feverfew is a daisy-family perennial used for centuries as a wellness herb. The whole herb brings along the full range of naturally occurring plant compounds, giving you a broader spectrum of support than isolated extracts alone can provide.

Parthenolide (High-Potency Standardized Extract) — Parthenolide is the star active compound in feverfew and the reason this formula is standardized to a high level of it. Research shows it helps calm the body's internal signaling pathways that drive inflammation and discomfort, making it the key driver behind feverfew's well-studied benefits for head and body wellness.

Feverfew Leaf Extract (Migraine Prophylaxis Support) — Multiple clinical trials and American Headache Society guidelines recognize feverfew for helping reduce how often migraines occur. Studies have shown up to a 40–50% reduction in migraine attack frequency with regular use, making this one of the most research-backed herbal options for people who deal with recurring head pain.

Feverfew and Platelet Health — Feverfew's active compounds have been shown in laboratory studies to help reduce the tendency of platelets — the tiny cells in your blood — to clump together and release certain signaling chemicals. This suggests a potential role in supporting healthy circulation, and feverfew appears in authoritative cardiovascular references for this reason.

Feverfew and Inflammation Response — Everyday inflammation is at the root of many common discomforts, and feverfew has been studied extensively for its ability to help the body keep that response in a healthy range. Research in both cell and animal models shows it can help reduce the production of several key inflammation-promoting messengers in the body.

Feverfew and Prostaglandin Balance — Prostaglandins are natural compounds your body makes that can ramp up pain and swelling when produced in excess. Feverfew has been shown to help moderate their production, which is one of the ways researchers believe it supports relief from head pain and general body discomfort on a day-to-day basis.

Feverfew and Serotonin Signaling — One of the long-studied theories behind migraines involves shifts in serotonin activity and its effect on blood vessels. Feverfew's compounds have been shown in laboratory studies to help moderate serotonin release from platelets, which may be part of how it helps support a more comfortable head environment over time.

Feverfew and Skin Comfort (Topical Research) — A specially prepared form of feverfew with parthenolide removed has been tested in controlled studies for skin inflammation. Results showed it reduced a common marker of skin irritation by 52–70%, and a clinical trial with over 1,200 participants confirmed it did not trigger allergic reactions, pointing to feverfew's broader skin-soothing potential.

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