



NATURE'S SUNSHINE

# Devil's Claw

GOOD FOR

Musculoskeletal System

Immune System

Joints

SIZE **100 Capsules**

ITEM # **255**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily.

## — How the Key Ingredients Work

Devil's Claw is a time-honored southern African root that has been used for centuries to help the body feel its best. Its naturally occurring active compounds work together to ease everyday discomfort, support healthy digestion, and help you stay active and comfortable day after day.

**Devil's Claw – Joint & Muscle Comfort** — One of nature's most studied herbs for achy joints and muscles, Devil's Claw has been reviewed in multiple clinical trials and even recognized by the Arthritis Foundation. It helps take the edge off everyday joint discomfort and supports easier, more comfortable movement — especially in the knees, hips, and lower back.

**Devil's Claw – Lower Back Support** — Stiffness and soreness in the lower back are among the most common reasons people reach for Devil's Claw. Clinical research backs its use for musculoskeletal discomfort, and European health authorities have formally recognized it as a go-to option for mild back and muscle pain relief.

**Devil's Claw – Digestive Ease** — Germany's Commission E and the European Medicines Agency have both given Devil's Claw their official stamp of approval for mild digestive complaints. It helps calm bloating and gas, supports more regular digestion, and has even been noted in case reports to help with occasional constipation and diarrhea.

**Devil's Claw – Appetite Support** — Feeling like your appetite has gone missing? Devil's Claw has a long traditional history as a 'bitter' herb — meaning it gently encourages the stomach to get ready for a meal. Both the German Commission E and the EMA have formally recognized this use, making it more than just folk wisdom.

**Devil's Claw – Antioxidant Protection** — Beyond its well-known role in joint and digestive health, Devil's Claw is also rich in plant compounds — including flavonoids and other natural antioxidants — that help the body defend itself against everyday oxidative stress. Lab studies show it can help neutralize free radicals and protect cells from oxidative damage.

**Devil's Claw – Harpagoside Content** — The star active compound in Devil's Claw is harpagoside, a naturally occurring bitter iridoid that the Arthritis Foundation specifically identifies as the key ingredient behind the root's pain-easing reputation. A quality Devil's Claw supplement is standardized to ensure meaningful harpagoside levels in every serving.

**Devil's Claw – Bitter Iridoid Glycosides** — The bitter iridoid glycosides in Devil's Claw do double duty: they help stimulate healthy gastric secretion to support smooth digestion, and they are also the compounds most closely linked to the herb's comfort-supporting properties. This dual action makes Devil's Claw a uniquely versatile botanical.

**Devil's Claw – Phenolic Compounds & Flavonoids** — Devil's Claw contains a rich blend of phenolic compounds and flavonoids — natural plant chemicals that contribute to its antioxidant activity. Research shows these compounds work alongside harpagoside to deliver the herb's full range of benefits, rather than any single ingredient acting alone.

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