



NATURE'S SUNSHINE

Artemisia Combination

GOOD FOR

Digestive System

Immune System

Small Intestine

SIZE **90 VegCaps**

ITEM # **24146**

SERVING **2**

SUPPLY **16 days**

DIRECTIONS FOR USE Take 2 capsules with a meal three times daily for 10 days, then discontinue use for 5 days. Repeat this cycle (10 days on, 5 days off) for up to 60 days.

— How the Key Ingredients Work

Artemisia Combination brings together nine time-honored botanicals — each chosen for its own strengths — to help your body stay balanced, comfortable, and resilient every day. Together they support healthy digestion, a calm inflammatory response, antioxidant protection, and much more.

Sweet Wormwood (*Artemisia annua*) — The star of this formula, sweet wormwood has been used in traditional Asian herbal practice for centuries. Research shows it helps support a balanced inflammatory response and healthy immune function, and its rich supply of plant antioxidants helps protect the body from everyday oxidative stress. Pilot clinical studies have also explored its role in joint comfort.

Mugwort (*Artemisia vulgaris*) — Known as the 'mother of herbs' throughout the Middle Ages, mugwort has a long history of soothing digestive complaints. Studies suggest it helps ease abdominal cramping by relaxing smooth muscle in the gut. It also brings strong antioxidant plant compounds to the formula and has been traditionally used to support joint comfort and healthy circulation.

Elecampane — Elecampane root is naturally rich in inulin — a prebiotic fiber that feeds friendly gut bacteria and has been studied for its role in supporting healthy blood sugar levels. It also contributes antifungal plant compounds that have been shown in laboratory studies to help keep yeast like *Candida* in check, alongside antioxidant activity from its phenolic compounds.

Garlic Bulb — One of the most researched herbs on the planet, garlic brings powerful antioxidant organosulfur compounds that have been shown in human clinical trials to reduce oxidative stress markers. It also supports healthy arteries, helps maintain comfortable joints, and its active compounds have been clinically studied for fighting the fungi responsible for common skin infections like athlete's foot.

Turmeric — Turmeric's golden pigment curcumin is backed by a large body of human research. Clinical trials show it measurably raises the body's own antioxidant defenses, helps ease digestive discomfort, and has been compared favorably to a common heartburn medication in a randomized trial. It also has well-documented antibacterial and anti-inflammatory properties studied in the context of skin health.

Ginger — Used for over 2,500 years to settle an upset stomach, ginger is clinically proven to speed up gastric emptying and ease bloating, abdominal pain, and IBS-related symptoms. It also helps support a healthy response to allergens, contributes meaningful antioxidant activity through its active compounds gingerol and shogaol, and has a long track record in traditional Chinese medicine.

Clove — Clove ranks among the highest antioxidant foods ever measured, and its key active compound eugenol is well-studied for supporting a healthy inflammatory response. Research shows clove's plant compounds help inhibit the enzymes involved in joint discomfort, and laboratory studies confirm antifungal activity against the skin fungi responsible for conditions like athlete's foot.

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