



NATURE'S SUNSHINE

Liquid Vitamin D3 & K2

Non-GMO

Gluten Free

No Sugar

GOOD FOR

Musculoskeletal System

Cardiovascular system

Immune System

SIZE **30 ml**

ITEM # **23994**

SERVING **5 drops**

SUPPLY **120 days**

DIRECTIONS FOR USE Once daily, add 5 drops to any beverage or food. Or take it straight from the bottle.

— How the Key Ingredients Work

This liquid formula brings together Vitamin D3, Vitamin K2, and nourishing carrier ingredients to help your body put calcium where it belongs, keep your arteries flexible, and support your mood and immunity through every season.

Vitamin D3 — Bone & Tooth Support — Vitamin D3 helps your body absorb and use calcium properly, which is essential for keeping bones dense and teeth strong. Think of it as the key that unlocks calcium's full potential — without enough D3, much of the calcium you take in simply passes through unused.

Vitamin D3 — Immune System Support — Your immune cells rely on Vitamin D3 to work at their best. Research shows it helps balance the immune response, making it a go-to nutrient for staying resilient year-round, especially during seasons when sunlight — your body's natural D3 source — is in short supply.

Vitamin D3 — Seasonal Mood Support — Feeling a little flat when the days get shorter? Vitamin D3 has been studied for its role in supporting a positive mood during low-sunlight months. Keeping your levels topped up may help you feel more like yourself when sunshine is hard to come by.

Vitamin D3 — Arterial Health — Vitamin D3 supports healthy blood vessels by helping reduce vascular inflammation and supporting normal endothelial function — the inner lining of your arteries. A 2022 review of multiple clinical trials highlighted cholecalciferol among supplements linked to better arterial outcomes.

Vitamin D3 — Nervous System Health — Vitamin D3 receptors are found throughout the nervous system, suggesting this nutrient plays a meaningful role in keeping nerves healthy and communicating well. Maintaining healthy D3 levels is considered an important part of overall neurological wellness.

Vitamin K2 — Bone Density — Vitamin K2 activates a special protein in bone that acts like a magnet for calcium, helping it bind firmly into bone tissue where it belongs. A review of 20 clinical trials found that K2 supplementation increased bone mineral density in the lumbar spine and improved this calcium-binding activity.

Vitamin K2 — Arterial Health — K2 helps keep calcium out of your artery walls — where it doesn't belong — and guides it toward your bones instead. Research confirms this mechanism helps reduce arterial stiffness and may even help reverse existing calcium buildup in blood vessels over time.

Vitamin K2 — Tooth Remineralization — The same protein K2 activates in bone also plays a role in the mineral structure of teeth. By supporting the proteins that regulate where calcium is deposited, K2 contributes to the natural remineralization process that keeps tooth enamel strong and resilient.

Vitamin K2 — Circulation Support — Healthy, flexible arteries are the foundation of good circulation. By helping prevent calcium from hardening artery walls, K2 supports the kind of smooth, elastic blood vessels that allow blood to flow freely and efficiently throughout the body.

Olive Oil — Arterial Health — This formula is delivered in olive oil, which is more than just a carrier — it's a heart-friendly fat in its own right. Olive oil's natural compounds have been shown in multiple clinical studies, including the landmark PREDIMED trial, to support endothelial function and healthy blood pressure.

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