



NATURE'S SUNSHINE

AIVIA Whey Protein

Non-GMO

Gluten Free

Keto Friendly

GOOD FOR

Musculoskeletal System

Muscles

Endocrine System

SIZE **Chocolate (15 servings)**

ITEM # **22711**

SERVING **2 scoops**

SUPPLY **15 days**

DIRECTIONS FOR USE Mix 2 scoops (40 g) of powder into 9 ounces of water or beverage of choice.

— How the Key Ingredients Work

AIVIA Whey Protein brings together fast-absorbing whey with a carefully chosen blend of vitamins, minerals, and natural ingredients to support your muscles, energy, and everyday wellness. Every scoop is designed to give your body what it needs to perform, recover, and feel its best.

Whey Protein — The star of every scoop. Whey is one of the most complete proteins you can find, delivering the building blocks your muscles need to recover and grow after exercise. It also helps you feel fuller for longer and supports your body's natural antioxidant defenses — a true all-rounder.

Vitamin D — Often called the sunshine vitamin, vitamin D helps your body absorb calcium, supports strong bones, and plays an important role in keeping your immune system balanced. Many people don't get enough from sunlight alone, making it a welcome addition to any daily formula.

Calcium — Your bones and teeth are built largely from calcium, and getting enough of it every day is one of the best things you can do for long-term skeletal health. Calcium also helps muscles contract and nerves send signals properly — it's quietly essential to almost everything your body does.

Magnesium — Magnesium is involved in hundreds of processes in the body, from producing energy to keeping muscles relaxed and nerves calm. Research suggests it may also support a healthy stress response and contribute to normal blood pressure — making it one of the most valuable minerals in this blend.

Iron — Iron helps your red blood cells carry oxygen to working muscles, which is why it matters so much for energy and physical performance. It's especially important for active individuals, and keeping iron levels topped up helps you feel less tired and more capable during exercise.

Potassium — Potassium works alongside sodium to keep fluid balance in check and helps your heart and muscles function smoothly. Higher potassium intake has been linked to healthier blood pressure levels in multiple large studies, and it may also help protect bone density over time.

Vitamin B12 — Vitamin B12 is essential for healthy red blood cells, a well-functioning nervous system, and the production of DNA. It's particularly important for anyone who limits animal foods, and getting enough supports steady energy levels and helps keep homocysteine — a marker linked to heart and bone health — in a healthy range.

Vitamin B6 — Vitamin B6 helps your body make key brain chemicals like serotonin and dopamine that influence mood, focus, and how you handle stress. It also plays a role in turning the protein you eat into usable amino acids, making it a natural partner for a whey protein formula.

Folic Acid — Folic acid (vitamin B9) is best known for supporting healthy cell growth and red blood cell formation. It also helps keep homocysteine levels in check, which is good news for your heart and arteries. It works hand-in-hand with vitamins B6 and B12 to support the whole B-vitamin team.

Vitamin B1 — Vitamin B1, or thiamine, helps your body convert carbohydrates into usable energy — a process that's especially important when you're active. It also supports a healthy nervous system and has been studied for its role in maintaining a calm, balanced mood and comfortable digestion.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

