



NATURE'S SUNSHINE

# Ultrabiome DTX

Non-GMO

GOOD FOR

Digestive System

Colon (Large Intestine)

Small Intestine

SIZE **30 stick packs**

ITEM # **22202**

SERVING **1**

SUPPLY **15–30 days**

**DIRECTIONS FOR USE** Mix the contents of one stick pack in 9 oz. water and shake or stir vigorously then drink immediately. For heavy metal detox and cleansing, take one serving twice daily between breakfast/lunch and lunch/dinner. For ongoing maintenance of gut health, detoxification and microbiome support, take one serving daily between meals.

## — How the Key Ingredients Work

Ultrabiome DTX brings together a thoughtfully chosen blend of fibers, botanicals, and nutrients that work together to support your body's natural cleansing pathways, feed a healthy gut, and help you feel your best every day. From nourishing prebiotic fibers to time-honored herbs, every ingredient has a role to play in keeping your digestive system running smoothly and your whole body feeling balanced.

**Psyllium** — A gentle, soluble fiber from the husks of *Plantago ovata* seeds, psyllium forms a soft gel in your digestive tract that helps keep things moving comfortably. Research shows it supports healthy bowel regularity, helps ease abdominal discomfort, and may even help you feel fuller between meals.

**Inulin** — This naturally occurring plant fiber acts as food for the beneficial bacteria already living in your gut. By nourishing those good microbes, inulin helps support a balanced digestive environment. Studies also suggest it may help your body absorb calcium more effectively and support healthy blood sugar levels.

**L-Glutamine** — Your gut lining works hard every day, and L-glutamine is one of the key building blocks it relies on to stay strong and intact. This amino acid helps maintain the integrity of the intestinal wall, supports a healthy inflammatory response in the gut, and also serves as a building block for glutathione, your body's master antioxidant.

**Acacia** — Gum acacia is a gentle, highly tolerated soluble fiber derived from the acacia tree. Clinical studies show it supports healthy bowel movements, helps reduce bloating, and may help you feel satisfied after meals. It also contributes to your body's antioxidant defenses and has been studied for blood pressure support.

**Ashwagandha** — One of Ayurveda's most celebrated herbs, ashwagandha is an adaptogen — meaning it helps your body handle everyday stress more gracefully. Clinical trials show it can help bring cortisol levels back into a healthy range, support natural energy, and contribute to antioxidant protection throughout the body.

**Chlorophyll** — The green pigment that gives plants their color, chlorophyll is a natural free-radical scavenger that helps protect your cells from everyday oxidative stress. It has also been studied for its ability to support healthy appetite and satiety when consumed as part of a balanced routine.

**Green Tea** — Rich in natural plant compounds called catechins — especially EGCG — green tea extract is one of the most well-researched botanicals for antioxidant support. Multiple clinical trials confirm it helps raise the body's total antioxidant capacity, supports a healthy metabolism, and may help curb appetite and support a healthy weight.

**Turmeric** — The golden spice of Ayurvedic tradition, turmeric contains curcumin — a polyphenol with impressive antioxidant credentials backed by numerous human clinical trials. It helps raise the body's own antioxidant enzyme levels, supports a comfortable digestive experience, and has been studied for its role in soothing gut inflammation.

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