



NATURE'S SUNSHINE

Olive Leaf Extract

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **60 Capsules**

ITEM # **204**

SERVING **1-3**

SUPPLY **20-60 days**

DIRECTIONS FOR USE Take 1 capsule with a meal one to three times daily.

— How the Key Ingredients Work

Olive Leaf Extract brings together the natural power of the olive tree's most celebrated compounds — oleuropein and hydroxytyrosol — to help keep your heart, blood vessels, and circulation feeling their best. It's a simple, time-honored botanical working quietly behind the scenes to support everyday wellness.

Olive Leaf — Arterial Health — Research shows that olive leaf extract can help support healthier, more flexible arteries. Studies point to meaningful improvements in how well blood vessels function, helping blood move through your body more freely and keeping your cardiovascular system feeling strong and supported day to day.

Olive Leaf — Blood Pressure Support — Multiple clinical trials have found that olive leaf extract is associated with meaningful reductions in blood pressure readings. If keeping your numbers in a healthy range is a priority, this well-studied botanical offers a natural way to support that goal as part of a balanced lifestyle.

Olive Leaf — Heart & Cardiovascular System — Your heart works hard every single day, and olive leaf extract is here to support it. The polyphenols found naturally in olive leaves — oleuropein and hydroxytyrosol — have been studied for their ability to promote healthy circulation and overall cardiovascular function, helping your heart do its job with ease.

Olive Leaf — Cholesterol & Blood Lipid Protection — The European Food Safety Authority has formally recognized that olive polyphenols help protect blood lipids from oxidative damage. Keeping your blood lipids healthy is a key part of heart wellness, and olive leaf extract provides a natural, research-backed way to support that balance every day.

Olive Leaf — Antioxidant Defense — Oleuropein and hydroxytyrosol, the star compounds in olive leaf, are among the most potent natural antioxidants found in any plant. They help neutralize harmful free radicals in the body, offering your cells a layer of everyday protection that supports long-term health and vitality from the inside out.

Olive Leaf — Viral Immune Response — Olive leaf has a long history of traditional use for immune support, and modern research is beginning to back that up. The natural compounds in olive leaf are studied for their role in supporting the body's defenses, making this extract a popular choice during times when immune resilience matters most.

Olive Leaf — Blood Health — Healthy blood is about more than just pressure — it's about how well everything flows and functions together. Olive leaf polyphenols, including oleocanthal, have been studied in human trials for their role in supporting healthy platelet activity, which is an important part of keeping your blood and circulation in good shape.

Olive Leaf — Circulation Support — Good circulation means your body's tissues and organs get the oxygen and nutrients they need. Olive leaf extract supports healthy blood flow by promoting better endothelial function — that's the health of the inner lining of your blood vessels — so everything from your fingertips to your heart stays well nourished.

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