



NATURE'S SUNSHINE

Lutein

GOOD FOR

Eyes

Breasts

SIZE **60 Capsules**ITEM # **1855**SERVING **1**SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal twice daily.

— How the Key Ingredients Work

This carefully crafted formula brings together nature's most studied eye-supporting nutrients — lutein, zeaxanthin, and hibiscus — working together to help protect your vision, support a healthy heart, and keep your mind sharp as you age.

Lutein — Think of lutein as your eyes' built-in sunscreen. This golden plant pigment concentrates right in the center of your retina, where it helps filter out harsh blue light and shields delicate eye tissue from everyday oxidative wear. It's also the most abundant carotenoid found in the human brain, where research links healthy lutein levels to sharper memory and better verbal learning as we get older.

Zeaxanthin — Zeaxanthin works hand-in-hand with lutein as one of the two key pigments that give the macula — the part of your eye responsible for crisp, detailed vision — its distinctive yellow color. It helps neutralize harmful free radicals in eye and skin tissue, supports healthy LDL levels in the arteries, and in clinical studies has been shown to help reduce markers of inflammation in the body.

Hibiscus — Hibiscus sabdariffa, the deep-crimson botanical behind this formula's antioxidant punch, is one of nature's richest sources of anthocyanins — the same family of plant pigments that give berries their vibrant color. Multiple clinical trials and reviews confirm that hibiscus supports healthy blood pressure already in the normal range, promotes relaxed, flexible arteries, and delivers a significant boost to the body's overall antioxidant defenses.

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