



NATURE'S SUNSHINE

Super GLA

GOOD FOR

Cardiovascular system

Female Reproductive System

Hair, Skin & Nails (Integumentary)

SIZE **90 Capsules**

ITEM # **1844**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 softgel with a meal three times daily.

— How the Key Ingredients Work

Super GLA brings together three of nature's richest sources of gamma-linolenic acid — evening primrose oil, borage oil, and black currant seed oil — into one concentrated formula. GLA is a special healthy fat that the body uses to help keep inflammation in check, support smooth, comfortable skin, and maintain healthy joints and overall balance.

GLA (Gamma-Linolenic Acid) — GLA is the star of this formula — a beneficial fatty acid found in only a handful of plants. The body converts it into compounds that help calm everyday inflammation, support a healthy skin barrier, and promote comfortable, flexible joints. Multiple clinical trials have looked at GLA for joint comfort, skin health, and more.

Borage Oil — Borage oil — pressed from the seeds of the pretty blue starflower herb — is the single richest plant source of GLA available. Research including a 10-week clinical trial found that GLA from borage oil helped reduce breakouts and supported clearer-looking skin. Studies also support its role in easing joint discomfort and helping the body manage everyday inflammation.

Evening Primrose Oil — Pressed from the seeds of a cheerful yellow wildflower, evening primrose oil has been used for generations to support skin and overall wellness. Clinical research shows it may help keep skin hydrated and comfortable, support joint flexibility, and even help with blood sugar balance — particularly in women going through hormonal changes.

Black Currant Seed Oil — Black currant seed oil comes from the tiny seeds inside those deep-purple berries beloved across Europe and Asia. Like borage and evening primrose, it delivers a meaningful dose of GLA. Black currant is also rich in anthocyanins — the same pigments that give the berries their dark color — which have been studied for supporting eye health, healthy circulation in the retina, and comfortable vision.

Skin Barrier Support — GLA plays a direct role in keeping the skin's outer layer strong and well-hydrated. When the skin barrier is healthy, moisture stays in and irritants stay out. Clinical studies on both borage oil and evening primrose oil have shown improvements in skin hydration markers, making this formula a natural choice for anyone focused on skin comfort and appearance.

Joint Comfort & Flexibility — All three GLA-rich oils in this formula have been studied for their ability to support comfortable, flexible joints. Multiple randomized controlled trials — including a key six-month study on GLA — found meaningful reductions in joint tenderness, swelling, and morning stiffness. This makes Super GLA a well-researched option for everyday joint wellness support.

Everyday Inflammation Balance — One of GLA's most important jobs in the body is helping to keep the normal inflammatory response in balance. The body converts GLA into helpful compounds that compete with pro-inflammatory signals, nudging the system toward a calmer, more balanced state. This underlying action is what connects GLA's benefits across skin, joints, and immune wellness.

 (888) 510-7196  service@caringsunshine.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.

BUY THIS QUICKLY
Scan to shop this product

