



NATURE'S SUNSHINE

High Potency Grapine

GOOD FOR

Brain

Nervous System

Cardiovascular system

SIZE **60 tablets**

ITEM # **1699**

SERVING **2**

SUPPLY **15-30 days**

DIRECTIONS FOR USE Take 2 tablets with a meal once or twice daily.

— How the Key Ingredients Work

High Potency Grapine brings together two of nature's most celebrated antioxidant-rich botanicals — grape seed extract and pine bark extract — along with calcium to create a formula that helps protect your cells, support healthy circulation, and keep your body feeling its best day after day.

Grape Seed Extract — Grape seeds are packed with powerful plant compounds called proanthocyanidins — natural antioxidants that help shield your cells from everyday oxidative stress. Research shows grape seed extract supports healthy blood pressure levels and helps keep your arteries working smoothly, making it a cornerstone of this formula.

Grape Polyphenols — Beyond the seed, the whole grape plant delivers a rich mix of polyphenols — including resveratrol, anthocyanins, and catechins. These compounds work together to help neutralize harmful free radicals in the body, supporting your natural defenses and helping you feel your best over the long term.

Grape Seed Proanthocyanidins (OPCs) — The oligomeric proanthocyanidins — or OPCs — found in grape seed extract are among the most studied natural antioxidants available. Multiple clinical trials have found that these compounds help support healthy blood pressure readings and may help reduce the oxidation of LDL cholesterol, both important parts of keeping your cardiovascular system in good shape.

Resveratrol (from Grape) — Resveratrol is a naturally occurring compound found in grapes that has attracted a great deal of scientific attention. Studies suggest it helps support healthy platelet function, which plays a role in keeping blood flowing freely. It also contributes to the overall antioxidant power of this formula, working alongside other grape compounds for broader protection.

Grape Anthocyanins — Anthocyanins are the pigments that give red and purple grapes their deep, rich color — and they do much more than look beautiful. These plant compounds contribute meaningfully to the antioxidant activity of grape extract, helping to protect cells from oxidative damage and supporting the health of your blood vessels from the inside out.

Grape Catechins — Catechins are a family of antioxidant compounds naturally present in grapes that work hand in hand with other polyphenols in this formula. Together they help the body maintain a strong defense against free radicals — the unstable molecules that can build up from everyday stress, pollution, and normal metabolic activity.

Pine Bark Extract (Pycnogenol®-type) — Pine bark extract — most famously studied as Pycnogenol® from French maritime pine — is one of the most researched plant extracts in the world. Rich in procyanidins and phenolic acids, it helps the body fight oxidative stress, supports healthy endothelial function in the arteries, and has been shown in clinical trials to help maintain healthy blood pressure levels.

Pine Bark Procyanidins — The procyanidins in pine bark extract are closely related to those found in grape seed, and together they create a synergistic antioxidant effect in this formula. These compounds help neutralize reactive oxygen species — essentially helping to 'clean up' cellular damage before it accumulates — and support the body's own internal antioxidant systems.

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