



NATURE'S SUNSHINE

Tei-Fu Essential Oils

GOOD FOR

Respiratory System

Nervous System

Sinuses

SIZE **0.17 fl oz**ITEM # **1618**SERVING **1-4 drops**

DIRECTIONS FOR USE Apply 1-4 drops to desired area and rub in as an aid in conditioning skin.

— How the Key Ingredients Work

Tei-Fu Essential Oils brings together menthol, eucalyptus, camphor, and wintergreen — four time-honored plant oils that have been used for generations to cool, soothe, and refresh. Together they support comfort in muscles and joints, fresher breathing, and an overall sense of well-being.

Menthol Oil — Derived from peppermint and cornmint plants, menthol is the ingredient behind that familiar cool, refreshing sensation. Applied to the skin it helps ease temporary muscle and joint discomfort, and research shows it can support a more comfortable digestive experience by helping relax tension in the gut.

Eucalyptus Oil — Eucalyptus brings a clean, crisp aroma that has long been associated with easier, more open breathing. Its naturally occurring active compound has been studied for supporting the body's normal response to inflammation, and clinical research points to meaningful relief for joint discomfort when used topically or inhaled.

Camphor Oil — Camphor comes from the wood of the camphor cinnamon tree and has a rich history in traditional wellness practices across Asia and beyond. When applied to the skin it absorbs readily and is recognized as a common ingredient in over-the-counter topical products for temporary relief of minor backache and joint stiffness.

Wintergreen Oil — Wintergreen's key active ingredient, methyl salicylate, is FDA-recognized as a topical analgesic and counterirritant. A large real-world study involving thousands of participants found that methyl salicylate liniment significantly reduced soft tissue pain, including back discomfort, making wintergreen a trusted go-to for everyday aches.

Menthol — Muscle & Back Support — Beyond its cooling feel, menthol has been studied specifically for back pain relief. Its counterirritant action helps temporarily override pain signals at the skin's surface, offering a non-invasive way to support comfort in the lower back and other areas of everyday muscle tension.

Eucalyptus — Antioxidant Support — Eucalyptus oil and its active compound have shown meaningful free-radical-fighting activity in multiple laboratory studies, helping the body manage everyday oxidative stress. Supporting the body's natural antioxidant defenses is one of the quieter but important ways this oil contributes to overall wellness.

Wintergreen — Joint Comfort — Wintergreen has a long track record as a topical aid for arthritis-related discomfort. A clinical trial using a methyl salicylate cream showed significant pain reduction in knee osteoarthritis, and the plant's natural salicylate compounds have demonstrated anti-inflammatory activity in research settings.

Camphor — Joint & Inflammation Support — Camphor has been noted in research reviews for its ability to ease joint inflammation when applied topically. It is a recognized ingredient in topical therapies studied for knee osteoarthritis, and traditional wellness systems across multiple cultures have long relied on it for joint and muscle care.

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