



NATURE'S SUNSHINE

# CardioxLDL®

GOOD FOR

Cardiovascular system

Heart

Blood

SIZE **60 Capsules**

ITEM # **1195**

SERVING **2**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 2 capsules with evening meal.

## — How the Key Ingredients Work

CardioxLDL® brings together nine carefully chosen fruit and plant extracts — each rich in natural polyphenols — to support healthy cholesterol levels, protect your arteries, and help keep your cardiovascular system running at its best. Think of it as a concentrated dose of nature's most heart-friendly foods, all in one formula.

**Bergamot** — Bergamot is the star of this formula. This Italian citrus fruit contains a unique set of polyphenols found almost nowhere else in nature. Multiple clinical trials show bergamot extract can meaningfully lower LDL and total cholesterol, reduce triglycerides, and raise HDL — the good cholesterol — while also helping keep arteries flexible and healthy.

**Grape Seed Extract** — Grape seed extract is packed with proanthocyanidins — powerful plant compounds that help protect the lining of your blood vessels, reduce oxidized LDL cholesterol, and support healthy blood pressure. Meta-analyses of multiple clinical trials confirm grape seed extract produces meaningful reductions in both systolic and diastolic blood pressure.

**Olive Leaf Extract** — Olive leaf brings the same heart-protective polyphenols celebrated in the Mediterranean diet. Its key compounds, oleuropein and hydroxytyrosol, help keep blood vessels flexible, support healthy blood pressure, and protect fats in the bloodstream from oxidative damage — a benefit formally recognized by European food safety authorities.

**Blueberry** — Blueberries are one of nature's richest sources of anthocyanins — the deep-blue pigments that give them their color and their health power. Research shows blueberry consumption supports healthy blood pressure, helps keep artery walls supple, and protects LDL cholesterol from oxidation, all of which matter for long-term cardiovascular wellness.

**Green Tea** — Green tea extract delivers a concentrated dose of catechins, particularly EGCG, that have been shown in clinical studies to support healthy cholesterol levels, protect blood vessels from oxidative stress, and contribute to a healthy weight — an important factor in overall cardiovascular health. It also provides a gentle antioxidant boost throughout the body.

**Turmeric** — Turmeric's golden pigment, curcumin, is one of the most studied plant compounds in the world. It helps the body defend itself against oxidative stress, supports a healthy inflammatory response, and has been shown in multiple clinical trials to raise the body's own natural antioxidant defenses — all of which contribute to a healthier cardiovascular environment.

**Apple** — An apple a day really does matter for your heart. Apple polyphenols — including quercetin and catechins — have been linked in both population studies and clinical trials to improved blood vessel function and reduced arterial stiffness. Apple's natural fiber also supports healthy cholesterol levels and helps you feel satisfied after meals.

**Mangosteen** — Mangosteen's deep purple rind is loaded with xanthones, a rare class of polyphenols with impressive antioxidant activity. Human clinical trials show that consuming mangosteen significantly raises the body's plasma antioxidant capacity, helping to neutralize the free radicals that can damage blood vessel walls and contribute to cardiovascular stress over time.

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