



NATURE'S SUNSHINE

Kidney Activator TCM

GOOD FOR

Urinary System

Kidneys

Lymphatic System

SIZE **30 Capsules**

ITEM # **1040**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal daily.

— How the Key Ingredients Work

Kidney Activator TCM blends time-honored Chinese herbs with modern research to gently support your kidneys, circulation, and overall vitality. Each ingredient was chosen for the role it plays in helping your body stay balanced, energized, and resilient every day.

Astragalus — One of TCM's most celebrated root herbs, astragalus has been used for centuries to build strength and vitality. Research shows it supports the body's natural defenses, helps protect against oxidative stress, and has been studied in clinical trials for its role in supporting healthy blood and energy levels.

Polyporus — This umbrella-shaped medicinal mushroom has a long history in TCM for supporting the bladder and urinary tract. Its natural compounds have been studied for antioxidant activity, helping calm the body's inflammatory response, and supporting healthy immune function — making it a natural fit in a kidney-focused formula.

Coix — Known in TCM as Yi Yi Ren, these small seeds from the Job's tears plant are traditionally used to clear dampness and support healthy fluid balance. Studies confirm antioxidant activity, and research in animal models shows it may help ease joint discomfort and support a healthy inflammatory response.

Atractylodes — White atractylodes root is a cornerstone herb in TCM digestive and energy formulas. Research suggests its natural compounds may help support healthy blood sugar levels, protect bone health, and act as an antioxidant. Traditionally it is prized for improving appetite and helping the body process nutrients more efficiently.

Peony — Peony root has been used in Chinese medicine for centuries to ease discomfort and support the blood. Its key active compounds have been studied in multiple clinical trials and are even approved in China as a treatment adjunct for certain joint and autoimmune concerns. It also shows antioxidant and blood-sugar-supportive properties in research.

Sclerotium — Derived from a beneficial fungus, sclerotium brings the well-researched benefits of Poria cocos polysaccharides to this formula. Studies show it supports the body's antioxidant defenses, helps maintain healthy cholesterol levels, and may assist with healthy blood sugar balance — all confirmed pharmacological activities in peer-reviewed research.

Morus — Mulberry leaf and fruit are among the most clinically studied herbal ingredients for healthy blood sugar. The plant's natural compounds help slow the absorption of sugars after meals, and human trials show it can support healthy blood pressure and protect artery health. Its rich antioxidant content adds another layer of whole-body support.

Plantago — Plantago — the broadleaf plantain family — contributes gentle, well-rounded support to this formula. Its natural flavonoids and plant acids are well documented for antioxidant and free-radical-scavenging activity. Traditionally used to soothe the digestive tract, it also has a history of supporting respiratory comfort and healthy gut function.

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