



NATURE'S SUNSHINE

KB-C TCM Concentrate

GOOD FOR

Kidneys

Musculoskeletal System

Joints

SIZE **30 Capsules**

ITEM # **1016**

SERVING **1**

SUPPLY **30 days**

DIRECTIONS FOR USE Take 1 capsule with a meal daily.

— How the Key Ingredients Work

KB-C TCM Concentrate brings together a time-honored blend of traditional Chinese herbs, each chosen to support the bones, joints, circulation, and overall energy that keep you feeling your best every day. These ingredients have been used for centuries and are backed by a growing body of modern research.

Eucommia — One of the 50 foundational herbs in Chinese medicine, eucommia bark has been studied for its ability to support healthy blood pressure, promote flexible, resilient arteries, and help protect joints. Research also points to antioxidant benefits and a role in supporting comfortable movement day to day.

Horny Goat Weed — Known in TCM as Yin Yang Huo and used for over 2,000 years, this herb is best recognized for supporting male vitality, healthy libido, and energy. It also has a well-researched role in bone health — a two-year clinical study found it helped reduce bone loss in postmenopausal women compared to calcium alone.

Teasel Root — A classic TCM herb for the bones and joints, teasel root has been studied in preclinical models for its ability to support bone mineral density, encourage healthy cartilage, and ease joint discomfort. It appears in both the Korean and Chinese Pharmacopoeias as a traditional analgesic and anti-inflammatory botanical.

Rehmannia Glutinosa — Called Di Huang in Chinese medicine, rehmannia root is a foundational tonic herb. Studies show its active compounds help support healthy blood sugar levels, promote bone density by encouraging bone-building cells, and provide meaningful antioxidant protection across multiple body tissues.

Ginseng — Perhaps the world's most celebrated adaptogenic herb, Panax ginseng has been used for millennia to fight fatigue and support resilience. Modern research confirms benefits for antioxidant defense, healthy circulation and arterial flexibility, and male hormonal wellness — including a 2025 clinical trial showing improved vitality scores and testosterone levels.

Astragalus — Known as Huang Qi, astragalus root is a cornerstone of Chinese herbal medicine for energy and immune support. Clinical studies have examined its role in supporting healthy circulation, reducing oxidative stress, and helping the body manage the physical effects of everyday stress on adrenal and cardiovascular health.

Cistanche — Harvested from desert environments where it grows as a rare parasitic plant, cistanche has been prized in TCM for over 2,000 years as a kidney-yang tonic. It is traditionally used to support male reproductive health, healthy libido, and vitality, with animal and preliminary human studies pointing to testosterone-supporting and energizing effects.

Morinda — Morinda officinalis — known as Ba Ji Tian — is a well-regarded TCM tonic for kidney yang energy, joint comfort, and male vitality. Research shows antioxidant activity, support for healthy blood sugar balance, and anti-arthritic effects in preclinical models, while noni (*M. citrifolia*) has a long traditional history for circulation and blood pressure support.

 (888) 510-7196  service@caringsunshine.com

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